Classes Winter 2024/2025

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
6.00 CrossFit	6.00 CrossFit	6.00 CrossFit	6.00 CrossFit	6.00 CrossFit		
9.00 CrossFit	9.00 CrossFit	9.00 CrossFit			9.30 ThreeHills Teens	9.00 CrossFit
17.30 CrossFit	17.30 CrossFit	17.30 CrossFit	17.30 CrossFit			
19.00 CrossFit	19.00 CrossFit	19.00 CrossFit	19.00 CrossFit	19.00 CrossFit		

OPEN BOX 10.15

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THREE HILLS CROSSFIT